



# FOUNDATIONS

[Track One : Believer To Disciple]

**Lesson 05 : Prayer**

# Lesson 05 : Prayer

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**Prayer Is Communion With God**



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*Prayer Is God's Invitation To A Place of Intimacy  
With Him*

**Luke 11:1**

**Luke 18:1**

**Jesus Himself is our greatest example of being a man  
of prayer: Mark 1:35, Luke 6:12**

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## *God Hears Us When We Pray*

**1 Peter 3:12**

**12 For the eyes of the Lord are on the righteous, and His ears are open to their prayers; But the face of the Lord is against those who do evil.**

**Jeremiah 29:12**

**12 Then you will call upon Me and go and pray to Me, and I will listen to you.**

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*God Promises To Answer When We Pray*

**Matthew 7:7-11**

**Matthew 21:22**

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## *Prayer Changes Us*

- ✓ Our strength is renewed.
- ✓ Our will becomes aligned to His will.
- ✓ Our desires and affections change.

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*Prayer is Partnering With God In Shaping The World Around Us And Creating History*

- ✓ God intervenes in our situations, etc.
- ✓ Prayer is us partnering with God, inviting God to establish His rule and dominion in our world.



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## What Can I Do In Prayer?

### Matthew 6:9-13

- ✓ Pray to commune with Him : *Our Father in heaven*
- ✓ Pray to adore, worship and honor Him : *Hallowed be Your name.*
- ✓ Pray His rule and dominion on the earth : *Your kingdom come.*



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# Lesson 05 : Prayer

## What Can I Do In Prayer?

- ✓ Pray His will, purpose, plan to be established : ***Your will be done On earth as it is in heaven.***
- ✓ Pray for all needs - spiritual, emotional, physical, financial, etc. : ***Give us this day our daily bread.***
- ✓ Pray for forgiveness and cleansing : ***And forgive us our debts,***
- ✓ Pray to forgive others : ***As we forgive our debtors.***



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## What Can I Do In Prayer?

- ✓ Pray to overcome temptation : ***And do not lead us into temptation,***
- ✓ Pray to overcome and triumph over demonic opposition : ***But deliver us from the evil one.***
- ✓ Pray to give God all the glory and praise : ***For Yours is the kingdom and the power and the glory forever. Amen.***



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## There Are Different Types of Prayer

**Ephesians 6:18**

**18 praying always with all prayer and supplication  
in the Spirit, being watchful to this end with all  
perseverance and supplication for all the saints—**



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## There Are Different Types of Prayer

1 Timothy 2:1

1 Therefore I exhort first of all that supplications, prayers, intercessions, and giving of thanks be made for all men,



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## There Are Different Types of Prayer

### *1, Prayer of Asking & Receiving*

- is the kind of prayer we use when we want to ask and receive something specific from God. (Matthew 7:7-11; Mark 11:24; John 16:23,24)



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## There Are Different Types of Prayer

### *2, Prayer of Thanksgiving*

- is what we do when we wish to express our gratitude to God or express faith in God concerning a thing we consider done even before seeing it in the natural.

(1 Timothy 2:1; Philippians 4:6; Romans 4:20)



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## There Are Different Types of Prayer

### *3, Prayer of Consecration*

- is what we use when we are in a posture of surrender and yielding our will to God's directive and leading. (Matthew 26:37-44)



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## There Are Different Types of Prayer

### *4, Prayer of Agreement*

- is what we do when praying along with others for a specific matter to be established on earth. (Matthew 18:19; Acts 1:14; 2:1; 4:24)



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## There Are Different Types of Prayer

### 5, Prayer of Repentance/Confession

- is what we use when we acknowledge our wrong doing and by faith receive God's forgiveness and cleansing. (1 John 1:7-9)



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## There Are Different Types of Prayer

### *6, Prayer of Intercession*

- praying for others (Ephesians 6:18; 1 Timothy 2:1; Job 9:32; Job 16:21)



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## There Are Different Types of Prayer

***7, Prayer in the Spirit (in tongues)***

- (1 Corinthians 14:2,15,28)

***8, Prayer of Faith for Healing***

- (James 5:14,25)



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## There Are Different Types of Prayer

### *9, Prayer of Commissioning*

- when appointing or releasing people into ministry  
(Acts 13:3, 14:23)



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## There Are Different Types of Prayer

### *10, Prayer of Communion/Fellowship*

- where you are simply sharing your heart/thoughts/feelings with God and tuning in to what He shares with you (Psalm 62:8, 1 John 1:3)



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## There Are Different Types of Prayer

These different kinds of prayer, each serve different purposes and may be used at different times (in different situations).

There are different 'rules' that govern different types of prayer - that is, we do not pray all kinds of prayer the same way.



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## Foundations For Prayer

*There are 3 key foundations for prayer:*

- ✓ Knowing who God is - knowing the nature of God.
- ✓ Knowing who you are in Christ - the privileges and authority you have in Christ
- ✓ Faith - knowing how to receive by faith in God



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# Lesson 05 : Prayer

## How to Pray the "Prayer of Asking And Receiving"

### *1, Pray To The Father in Jesus' Name.*

John 16:23,24

23 "And in that day you will ask me nothing. Most assuredly, I say to you, whatever you ask the Father in My name He will give you.

24 "Until now you have asked nothing in My name. Ask, and you will receive, that your joy may be full.



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# Lesson 05 : Prayer

## How to Pray the "Prayer of Asking And Receiving"

### *2, Pray According to God's Revealed Will*

1 John 5:14,15

14 Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us.

15 And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him.



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# Lesson 05 : Prayer

## How to Pray the "Prayer of Asking And Receiving"

### *2, Pray According to God's Revealed Will*

James 4:3

3 You ask and do not receive, because you ask amiss, that you may spend it on your pleasures.



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## How to Pray the "Prayer of Asking And Receiving"

### *3, Pray With a Clear Conscience*

Psalm 66:18

If I regard iniquity in my heart, The Lord will not hear.



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# Lesson 05 : Prayer

## How to Pray the "Prayer of Asking And Receiving"

### *3, Pray With a Clear Conscience*

1 John 3:21,22

21 Beloved, if our heart does not condemn us, we have confidence toward God.

22 And whatever we ask we receive from Him, because we keep His commandments and do those things that are pleasing in His sight.



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# Lesson 05 : Prayer

## How to Pray the "Prayer of Asking And Receiving"

### *4, Pray With Faith - Believe That You Have Received*

Mark 11:24

24 Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them



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## How to Pray the "Prayer of Asking And Receiving"

### *4, Pray With Faith - Believe That You Have Received*

Hebrews 11:1,2

1 Now faith is the substance of things hoped for, the evidence of things not seen.

2 For by it the elders obtained a good testimony.

Faith enables us to settle a matter in our hearts, even before we see any change/evidence in the natural realm.



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## How to Pray the "Prayer of Asking And Receiving"

### *4, Pray With Faith - Believe That You Have Received*

Romans 4:17-21

Abraham, praying according to God's promise for his life is a great example.



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## How to Pray the "Prayer of Asking And Receiving"

### *5, Continue in Faith With Patience And Thanksgiving*

Hebrews 6:12

12 that you do not become sluggish, but imitate those who through faith and patience inherit the promises.



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## How to Pray the "Prayer of Asking And Receiving"

### *5, Continue in Faith With Patience And Thanksgiving*

Hebrews 10:35,36

35 Therefore do not cast away your confidence, which has great reward.

36 For you have need of endurance, so that after you have done the will of God, you may receive the promise:



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## How to Pray the "Prayer of Asking And Receiving"

### *5, Continue in Faith With Patience And Thanksgiving*

Philippians 4:6,7

6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;

7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.



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## How to Pray the "Prayer of Asking And Receiving"

### *6, Be Fervent - Not Flippant In Your Asking*

James 5:16-18, 1 Kings 18:1,41-46



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# Lesson 05 : Prayer

## Developing A Consistent Prayer Life

- ✓ Set aside regular times for prayer
- ✓ Pray throughout the day
- ✓ Take “time out” - one or more days set aside for seeking God
- ✓ Meet with others to join in group or corporate prayer, e.g. cell groups, all night prayer, etc.



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