



Break Free

1. All wrapped up

What you need

- Toilet Paper/ Newspaper
- Pen

How to play

- 1. Select 2 volunteers from the group
- 2. Ask a few of the students to wrap up their hands with the toilet paper

/ newspaper in 2- 3 minutes

- 3. Ask the volunteers to try and break free from the wrapping, at the end of the allotted time.
- 4. Now get a few students to add a few more layers on the volunteers' hands in the next 2 minutes.
- 5. Get them to try and break free.

Note: You could say "It's weird how something so small, and easy to break, can totally imprison us if there are enough layers."

2. All tangled up!

How to play

- 1. Divide the crowd into groups of 12- 15 students each.
- 2. At your signal, the group huddles together and grabs the hand of a person not standing next to them.

- 3. Give them about 2-3 minutes and then shout out 'Untangle'.
- 4. They may not let go of the other person's hands.
- 5. So in order to untangle they must go over and under people's arms to get untangled. Sometimes you will end up with two circles.
- 6. The first team to untangle back into a circle wins.

Never Have I

How to play:

- 1. Divide the group into 10- 12 member teams
- 2. Have everyone form a circle
- 3. The first person says, "Never have I (it could be something the person has never done/ experienced... Never have I been to the beach)
- 4. The next person continues, "Never have I"
- 5. The game continues till every person gets a chance.