



## Sunday February 09, 2020 Overcoming Fear (Part-2)

We have been discussing overcoming fear.

There are two important Scriptures we will refer to often to remind us that we can overcome anything and everything we face.

1 John 5:1,4

1 Whoever believes that Jesus is the Christ is born of God,...

4 For whatever is born of God overcomes the world. And this is the victory that has overcome the world—our faith.

Let's boldly declare:

I AM BORN OF GOD AND I OVERCOME THIS WORLD AND ALL THAT IS IN IT. I OVERCOME BY FAITH.

1 John 4:4

You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world.

Let's boldly declare:

JESUS WHO IS IN ME IS GREATER THAN ANYTHING OR ANY DEMONIC POWER THAT I FACE IN THIS WORLD.

### Review what we covered last Sunday.

We discussed what fear is, different kinds of fears that we face, and how fear affects us.  
HOW FEAR AFFECTS US?

#1, Fear enslaves, paralyzes and cripples

#2, Fear demoralizes and robs destiny

#3, Fear attracts the negative

#4, Fear robs us of faith

#5, Fear spreads

### Today, we will learn Biblical ways to overcome fear.

How to Conquer our fears - A Biblical Approach:

1, Confront it

2, Call on God

3, Confess the promises of God

4, Cast down wrong thoughts and imaginations

5, Commune with God



## **1, CONFRONT IT**

Recognize and face your fears.

As long as we refuse to take action against it, it will continue to hold us captive. Staying passive, taking no action against your fear, will not make it go away.

Throughout the Bible God's instruction is "fear not" or "Don't be afraid".

Isaiah 41:10

Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.'

When we choose to "fear not" we are confronting our fear and taking action indicating that we refuse to let fear have dominance over us.

## **2, CALL ON GOD**

Tell God what you are feeling and why you are feeling that way.

Perhaps you are going in for an interview or to write an examination or to see a doctor, or something else. Talk to God about it.

Psalm 34:4

I sought the LORD, and He heard me, And delivered me from all my fears.

Psalm 56:3-4

3 Whenever I am afraid, I will trust in You.

4 In God (I will praise His word), In God I have put my trust; I will not fear. What can flesh do to me?

## **3, CONFESS THE PROMISES OF GOD**

We must understand the power in speaking, confessing or declaring God's Word.

God has given us His Word as a weapon against the enemy.

Believing and speaking God's Word is also a God-ordained way for us to experience the power of that Word at work in our lives.

Faith in God's Word always works!



Ephesians 6:17

And take the helmet of salvation, and the sword of the Spirit, which is the word of God;

Romans 10:6-10

6 But the righteousness of faith speaks in this way, "do not say in your heart, 'who will ascend into heaven?' " (that is, to bring Christ down from above)

7 or, " 'who will descend into the abyss?' " (that is, to bring Christ up from the dead).

8 But what does it say? "the Word is near you, in your mouth and in your heart" (that is, the word of faith which we preach):

9 that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.

10 For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.

David - An entire army of trained soldiers were in fear of a giant Philistine Goliath. Think about what David declared of what God could do to the Philistine.

As practical examples, here are a few kinds of fears we face, and Scriptures that we can declare in relation to those fears (you can add to this short list):

### ***Overcoming fear of new challenges***

Isaiah 41:10

Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.'

### ***Overcoming fear of the future***

Jeremiah 29:11

For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope.

### ***Overcoming fear of failure***

Psalms 1:3

He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.

### ***Overcoming fear of disaster***

Psalms 91:7

A thousand may fall at your side, And ten thousand at your right hand; But it shall not come near you.



### ***Overcoming fear of sickness***

Psalm 91:10

No evil shall befall you, Nor shall any plague come near your dwelling;

### ***Overcoming fear of premature death***

Psalm 91:16

With long life I will satisfy him, And show him My salvation."

### ***Overcoming fear of rejection***

Isaiah 50:7

"For the Lord GOD will help Me; Therefore I will not be disgraced; Therefore I have set My face like a flint, And I know that I will not be ashamed.

Isaiah 61:7

Instead of your shame you shall have double honor, And instead of confusion they shall rejoice in their portion. Therefore in their land they shall possess double; Everlasting joy shall be theirs.

### ***Overcoming fear of death***

Psalm 23:4

Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me.

Hebrews 2:14-15

14 Inasmuch then as the children have partaken of flesh and blood, He Himself likewise shared in the same, that through death He might destroy him who had the power of death, that is, the devil,  
15 and release those who through fear of death were all their lifetime subject to bondage.

### ***Overcoming fear of persecution***

Romans 1:16

For I am not ashamed of the gospel of Christ, for it is the power of God to salvation for everyone who believes, for the Jew first and also for the Greek.

## **4, CAST DOWN WRONG THOUGHTS AND IMAGINATIONS**

We must also understand how thoughts progress to become strongholds in our minds.

A fearful thought, if unchecked can become a imagination of fear, which can become an argument (or reasoning) and this can eventually become a strong-hold of fear.



2 Corinthians 10:4-5

4 For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds,  
5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

The key is to take action when a fear-producing thought or imagination or argument comes into our mind.

Take that thought captive with the Word of God.

Reject that fear-producing imagination or argument with the Word of God.

Declare boldly that fear has no place in you.

2 Timothy 1:7

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

## **5, COMMUNE WITH GOD**

Stay in a place of communion and rest in God.

In your communion with God acknowledge all He is to you. He is your Deliverer, Protector, etc.

Rest in Him.

Rest in His love. Remember perfect love casts out all fear (1 John 4:18).

When you are in a place of peace, you walk in victory and dominion.

Proverbs 3:25-26

25 Do not be afraid of sudden terror, Nor of trouble from the wicked when it comes;

26 For the LORD will be your confidence, And will keep your foot from being caught.

Psalms 32:7

You are my hiding place; You shall preserve me from trouble; You shall surround me with songs of deliverance. Selah



## **MINISTRY TIME | SALVATION CALL**

There is nothing too hard for God. Nothing impossible with God.

Proclaim Jesus Christ as Savior, Healer, Deliver, Miracle Worker.

He is the same yesterday, today and forever.

The power of the Holy Spirit and all the gifts of the Holy Spirit are for us today.

We have been commissioned to do the works He did and even greater works.

We must come to Him in faith and we will receive.

Minister for people to receive healings, deliverances and miracles.

Take testimonies.

Lead in prayer for repentance and salvation.



LIFE GROUP STUDY GUIDE

**Sunday February 09, 2020**  
**Overcoming Fear (Part-2)**

The is a simple guide for use in Life Group discussions. Our objective is to focus on the application of the Sunday sermon - how each one is becoming a doer of the Word and building their life on God's Holy Word. The Life Group meeting would normally last for 2 hours. Each Life Group would have up to 12-15 people.

### **Preparation**

To prepare for the Life Group meeting, you can listen to the Sermon Key Points (sermon summary in five minutes) or the full length Sunday sermon. You can also review the Sunday Sermon notes. All these are available in the "All Peoples Church Bangalore" mobile App or online at [apcwo.org/sermons](http://apcwo.org/sermons) . Pray for the Life Group meeting and invite the work and ministry of the Holy Spirit.

### **Welcome**

The Life Group meeting may commence with a time of prayer, worship and a fun activity.

### **LISTEN to God's Word**

Read the following Scripture passages: *Romans 10:6-10; 2 Corinthians 10:4-5; Proverbs 3:25-26; Psalm 32:7*

### **INVESTIGATE God's Word Together**

Please discuss a few of these together, giving time for people to share their insights. We encourage each one individually to make notes of their personal learning during the Group discussion.

*1) Discuss the power of declaring the Word/Promises of God. How does this help us overcome fear? (see Ephesians 6:17; Romans 10:6-10)*

*2) Discuss how a thought progresses to become a stronghold, if left unchecked (see 2 Corinthians 10:4-5). How do we take a fear producing thought captive and bring it subject to the Lordship of Christ?*



3) *Review and discuss the Biblical approach to conquer fear, as presented in this message:*

- 1, *Confront it*
- 2, *Call on God*
- 3, *Confess the promises of God*
- 4, *Cast down wrong thoughts and imaginations*
- 5, *Commune with God*

If time permits, each one takes a few (3 minutes max) to share one or two key learning and how they see themselves applying it into their specific life situations. Encourage each one to participate and share.

#### **FELLOWSHIP by sharing your life and spiritual journey**

Each one takes a few (3 minutes max) to share anything from their walk with God, something God has been teaching them, a testimony of answered prayer or a specific challenge that they would like prayer for. Encourage each one to participate and share.

#### **ENCOURAGE each other by praying and ministering to one another**

Get into small groups of two or three and take turns to thank God and pray for each other in the light of what was learnt today. Listen to the Holy Spirit. Expect the gifts of the Holy Spirit to flow bringing healing, releasing miracles, prophecy, etc.

Regroup and pray together for:

- 1, *families to be protected and strengthened*
- 2, *a mighty outpouring of God's Holy Spirit on us as a church and through us to bless many others in our city and nation. Nothing but a mighty work of God's Spirit can change our city and nation.*
- 3, *for the BUILD TO IMPACT project - for God's hand to guide us through the land search and acquisition process, and for finances to be more than enough to get this project done.*

Close by thanking God together.



USEFUL RESOURCES

Watch our online Sunday Church service live stream every Sunday at 10:30am (Indian Time, GMT+5:30). Spirit filled, anointed worship, Word and ministry for healing, miracles, and deliverance.

**YOUTUBE:** <https://youtube.com/allpeopleschurchbangalore>

**WEBSITE:** <https://apcwo.org/live>

Our other websites and free resources:

**CHURCH:** <https://apcwo.org>

**FREE SERMONS:** <https://apcwo.org/resources/sermons>

**FREE BOOKS:** <https://apcwo.org/books/english>

**DAILY DEVOTIONALS:** <https://apcwo.org/resources/daily-devotional>

**JESUS CHRIST:** <https://examiningjesus.com>

**BIBLE COLLEGE:** <https://apcbiblecollege.org>

**E-LEARNING:** <https://apcbiblecollege.org/elearn>

**WEEKEND SCHOOLS:** <https://apcwo.org/ministries/weekend-schools>

**COUNSELING:** <https://chrysalislife.org>

**MUSIC:** <https://apcmusic.org>

**MINISTERS FELLOWSHIP:** <https://pamfi.org>

**CHURCH APP:** <https://apcwo.org/app>

**CHURCHES:** <https://apcwo.org/ministries/churches>

**WORLD MISSIONS:** <https://apcworldmissions.org>